

NCAA: Athletic Eligibility and Requirements



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Presentation Topics

- What is NCAA?
- Requirements to be a college student-athlete
- Timeline to follow in high school
- Recruitment
- Resources

NCAA

- National Collegiate Athletic Association
 - Regulates athletes in 1,117 universities in 100 athletic conferences in 40 sports organizations
 - 3 Divisions in which athletes can compete
 - Division I/D I
 - Multiyear, cost-of-attendance athletics scholarships; 58% receive athletic aid
 - Division II/D II
 - Partial athletic scholarships available; 59% receive athletic aid
 - Division III/D III
 - No athletic scholarships but 80% receive non-athletic aid

[NCAA Website](#)

Academic Eligibility

- To meet Division I eligibility, students must complete 16 core courses:
 - Four years of English
 - Three years of math (Algebra 1 or higher)
 - Two years of natural/physical science (including one year of lab science)
 - One additional year of English, math or natural/physical science
 - Two years of social science
 - Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
 - Complete 10 core courses, including seven in English, math or natural/physical science, before your seventh semester. Once you begin your seventh semester, you may not repeat or replace any of those 10 courses to improve your core-course GPA.
 - Earn at least a 2.3 GPA in your core courses.
 - Test score: sliding scale used if GPA is 3.55 or lower
 - SAT (Reading/Math combined) or ACT sum score (sum of math, science, reading subscores)

[DI Requirements Overview and Worksheet](#)

DIVISION I FULL QUALIFIER SLIDING SCALE			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
3.550	400	400	37
3.525	410	410	38
3.500	430	420	39
3.475	440	430	40
3.450	460	440	41
3.425	470	450	41
3.400	490	460	42
3.375	500	470	42
3.350	520	480	43
3.325	530	490	44
3.300	550	500	44
3.275	560	510	45
3.250	580	520	46
3.225	590	530	46
3.200	600	540	47
3.175	620	550	47
3.150	630	560	48
3.125	650	570	49
3.100	660	580	49
3.075	680	590	50
3.050	690	600	50
3.025	710	610	51
3.000	720	620	52
2.975	730	630	52
2.950	740	640	53
2.925	750	650	53
2.900	750	660	54
2.875	760	670	55
2.850	770	680	56
2.825	780	690	56
2.800	790	700	57
2.775	800	710	58

DIVISION I FULL QUALIFIER SLIDING SCALE			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
2.750	810	720	59
2.725	820	730	60
2.700	830	740	61
2.675	840	750	61
2.650	850	760	62
2.625	860	770	63
2.600	860	780	64
2.575	870	790	65
2.550	880	800	66
2.525	890	810	67
2.500	900	820	68
2.475	910	830	69
2.450	920	840	70
2.425	930	850	70
2.400	940	860	71
2.375	950	870	72
2.350	960	880	73
2.325	970	890	74
2.300	980	900	75
2.299	990	910	76
2.275	990	910	76
2.250	1000	920	77
2.225	1010	930	78
2.200	1020	940	79
2.175	1030	950	80
2.150	1040	960	81
2.125	1050	970	82
2.100	1060	980	83
2.075	1070	990	84
2.050	1080	1000	85
2.025	1090	1010	86
2.000	1100	1020	86

ACADEMIC REDSHIRT

Academic Eligibility

- Division II requirements are very similar to those of Div. I with 16 core classes
 - Three years of English.
 - Two years of math (Algebra 1 or higher).
 - Two years of natural or physical science (including one year of lab science)
 - Three additional years of English, math or natural or physical science
 - Two years of social science
 - Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy
 - Earn at least a 2.2 GPA in your core courses
 - SAT or ACT score on sliding scale
- Division III schools set their own academic requirements and admission standards

[DII Requirements Overview and Worksheet](#)

NCAA Requirements Compared to CSU/UC

NCAA

- Minimum of 16 courses required
- Will accept grades of “D” or higher
- Only uses grades earned while in high school to calculate NCAA GPA
- Does not consider grades earned in visual/performing art, career/technical education, or PE courses in NCAA GPA calculation

CSU/UC

- Minimum of 15 “A-G” courses required
- Require grades of “C-” or higher
- Uses middle school grades in math and foreign language towards “A-G” requirements and GPA calculation
- Include most visual/performing art and some career/technical education courses into GPA calculation (PE courses aren’t considered)

Guidelines on eligibility

- Students that are on track for CSU/UC “A-G” requirements are usually on track for NCAA eligibility
 - UC requires minimum of 15 “A-G” courses, 3.0 GPA or higher, & SAT w/ writing or ACT w/ writing
 - Students with GPA below 3.0 cannot apply to UC system
 - CSU requires minimum of 15 “A-G” courses, 3.0 GPA or higher, SAT or ACT (essay not required)
 - Will accept application if student has below 3.0 GPA with required SAT or ACT score
- Majority of core classes that meet NCAA requirements are required for graduation (e.g. math, English, science, social science)
- Seven core courses in English, math or natural/physical science, must be completed before your seventh semester/tenth trimester=start of senior year
 - Most students are on track with 3 English, 3 Math, and 2 Science completed through 11th grade

Planning Timeline

- 9th-10th Grade
 - Create 4-Year Plan in F.I.T. to map out courses over high school; meet CSU/UC and NCAA reqs.
 - Work on GPA and continue exploring colleges
- 11th Grade
 - Register with NCAA eligibility center as prospective student-athlete (Current fee is \$80)
 - Meet with counselor to review NCAA eligibility, review course plan for senior year
 - Refine list of colleges
 - Take unofficial visits to schools of interest
 - Take SAT and/or ACT; send scores to NCAA Eligibility Center using “9999” score code
 - Counselor will upload transcript at end of junior year (initial eligibility review)
- 12th Grade
 - Maintain grades
 - Take official visits to schools of interest
 - Sign letter of intent
 - Counselor will upload final transcript to NCAA

Recruitment, Recommendations, Resources

- There is an entire industry of companies and programs to assist in the recruitment process
- Asks questions; take control of your recruitment: [Questions to ask when being recruited](#)
- Think about whether you'd want to attend the school if you weren't playing sports
- Generally speaking, being recruited can give you an admissions edge
- There are guidelines around the recruitment process and timeline
- Most competitive sport club teams have staff that can assist their athletes in the recruitment process
 - Developing a list of schools, contacting coaches, facilitating communication, tournaments/showcases

More Resources

- NCAA Website: <http://www.ncaa.org/>
- Steps to register with NCAA Eligibility Center: [Link](#)
- NCAA Eligibility Center: [Link](#)
- Granada's Current NCAA Course List: [Link](#)
- Division I Eligibility Worksheet: [Link](#)
- Division II Eligibility Worksheet: [Link](#)
- NCAA Guide For College-Bound Student-Athlete: [Link](#)
- NAIA Website: [Link](#)
 - Association that governs small athletic programs (e.g. UC Merced, Menlo College)

Questions?

